# Balancing form and function





The human body is meant to move. However, modern ways of living and working can make it hard for our bodies to move throughout the day. We exercise after work and take walks on the weekends, but when we sit, we often just sit still. We have learned to be either in motion or to be still, not flow in between the two.

We believe that we can live better and more sustainable lives through everyday acts of movement. That small steps can have a big impact on how healthy we feel. So whether it's for living or for work, we strive to create a more balanced way to sit – one that allows us to go back to our moving instincts.

We are Varier, a furniture company based in Oslo, Norway, and we are here to set you in motion.

#### Design approach



Variable<sup>™</sup> and Variable<sup>™</sup> Plus, both in natural lacquered ash veneer. Design by Peter Opsvik. We design for the human body. This means that the movements our chairs invite for are the intuitive motions our bodies naturally want to follow. Our chairs encourage a variation of positions, as opposed to imposing a single perfect posture, because we know that there is no such thing. We believe that the next position is always the best. So whether it is chairs, tables or other objects in the home, our aim is to explore how furniture can invite us to keep on moving - even when we sit.

can look like.

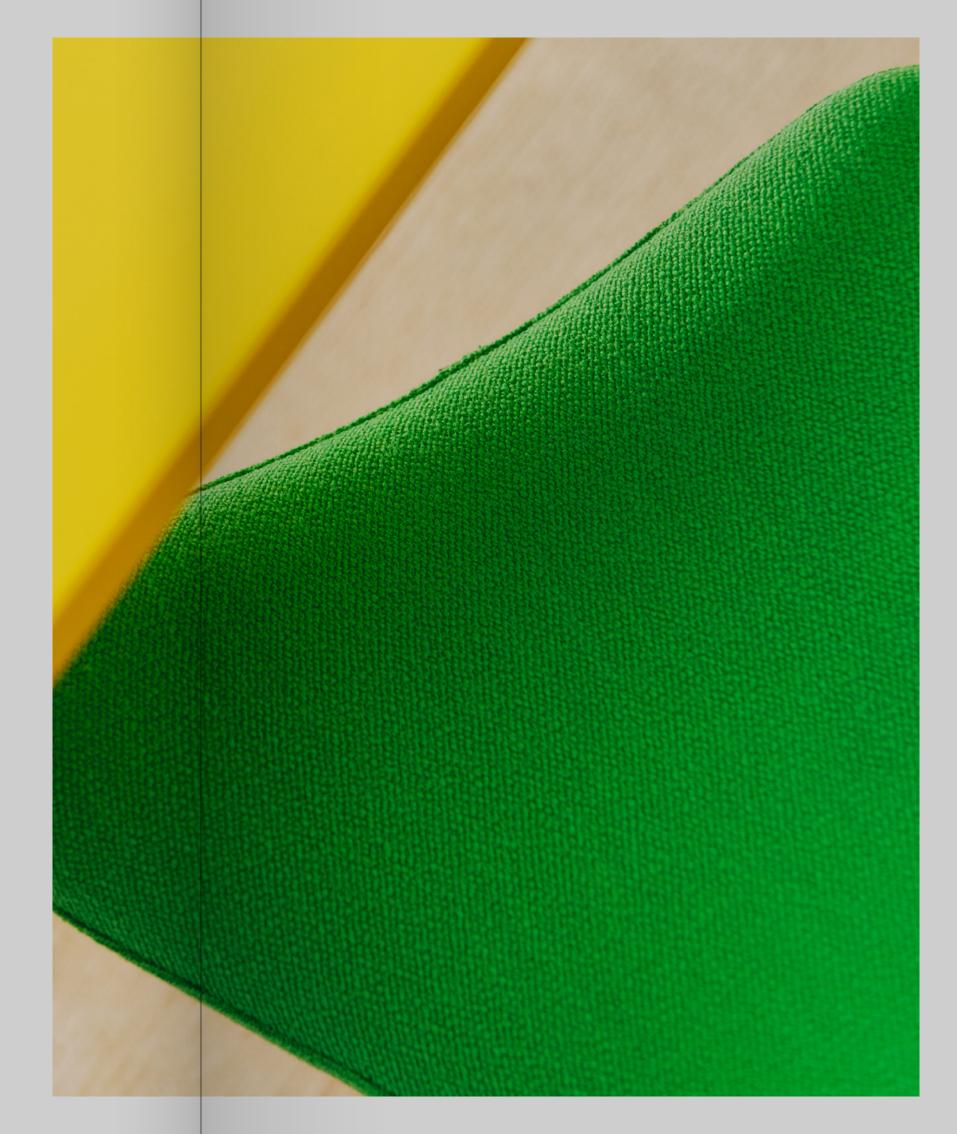
Life at home is always in motion, and we need our furniture to make these daily transitions easier. Ultimately, we wish to invite people to move, and make it an essential part of their everyday life, even when they sit.

We're also curious about the aesthetic expressions that arise when designing for movement. From our point of view, form follows function but function alone is never enough. We look to bring movement and dynamism into all our designs, even in the smallest of details like the curvature of wooden runners or the knitted fabric that perfectly aligns on a rounded corner. We wish to make objects that are out-of-the-ordinary, and at the same time, challenge established ideas of what a certain piece of furniture

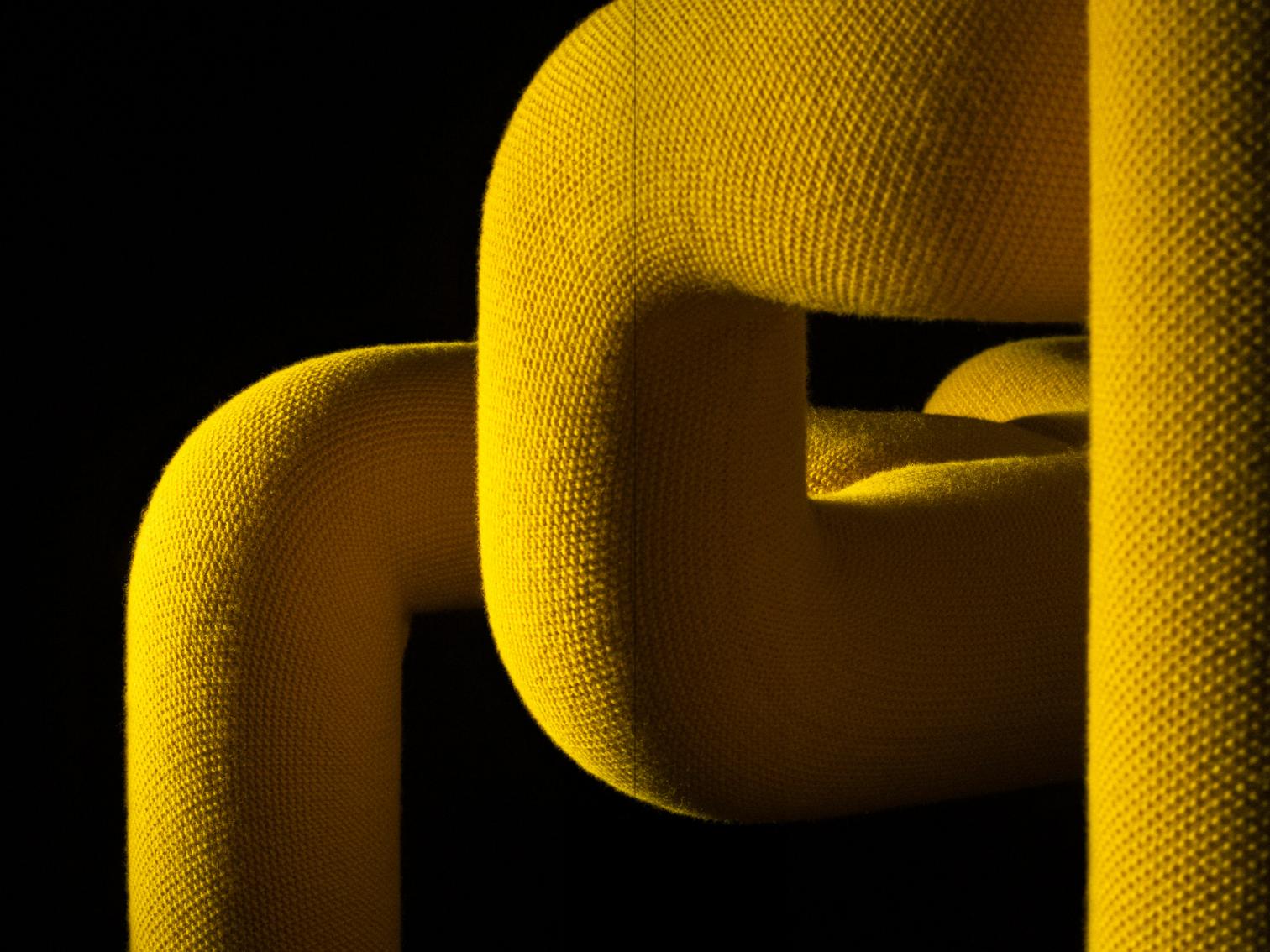
We always look for new ways of thinking which is why we invite designers and other creative talents to join our mission and collaborate with us. For us, collaboration is key in the creative process. Our fabric selection is curated by the Norwegian architecture and design firm, Snøhetta. We also work closely with the Danish innovation-driven textile company Kvadrat. Together, we have created a textile collection consisting of 45 carefully curated options. Our textiles range from bold to calm colors and have been selected for their long durability and positive sustainable impact. Like everything else we do, these textiles pay homage to movement, materials, and the environment.

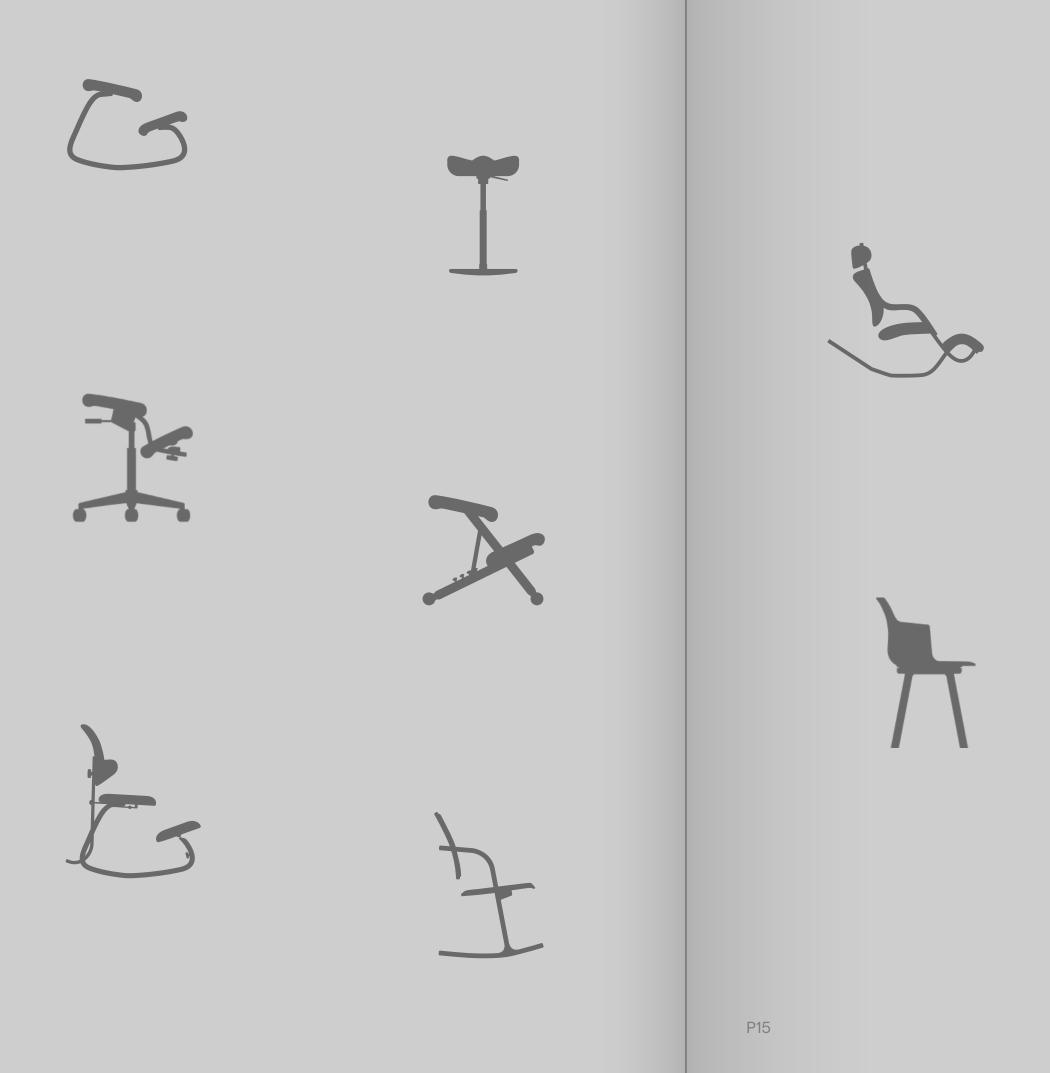
In the following pages, we'll tell you more about the ideas behind our designs, and the many possible positions our chairs invite for.

We hope they amuse you and inspire you, to move.











# **A**



Adding movement to the act of sitting can actually make us think clearer and work more efficiently. Kneeling while sitting allows for a natural hip-opening which creates less tension and rigidness throughout our spines.

The next position is always the best.



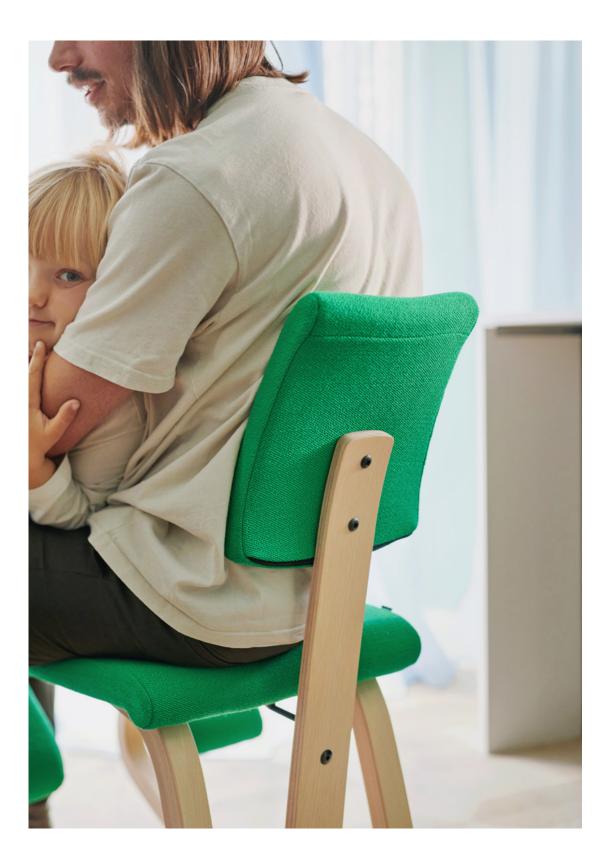
Variable™ in black lacquered ash veneer. Design by Peter Opsvik.

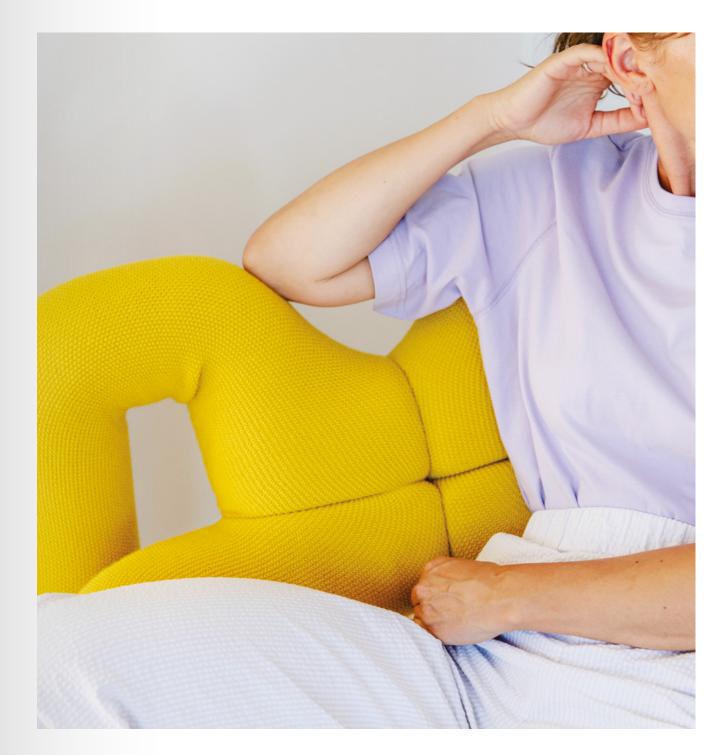


Variable™ in natural lacquered ash veneer. Design by Peter Opsvik.



Sitting in a relaxing position doesn't only mean lying on a perfectly flat surface or sitting in a meditative pose. A relaxing position could be sitting on your flank, bending your elbow, stretching one leg and gently bending the other. Relaxation comes in many forms.

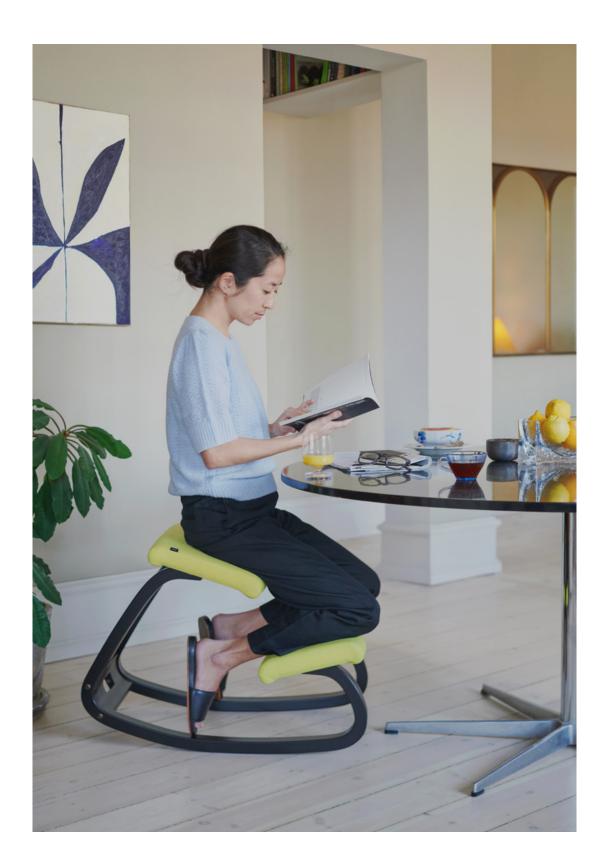




Ekstrem™ in Sulphur Knit. Design by Terje Ekstrøm.

Sitting is not just placing your bottom on a flat surface, straightening your back and positioning your legs in columnlike positions parallel to one another.

levitational even.

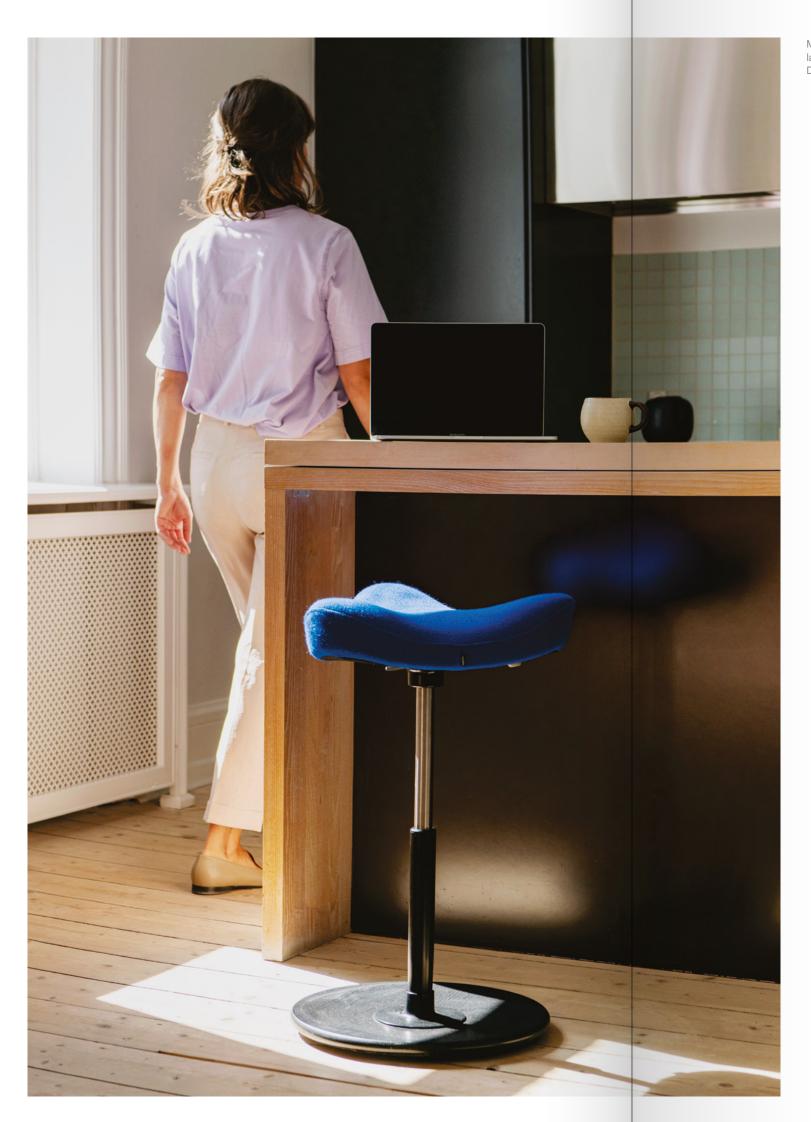




Gravity™ in black lacquered ash veneer. Design by Peter Opsvik.

Sitting can be so much more. It can be expansive, liberating,

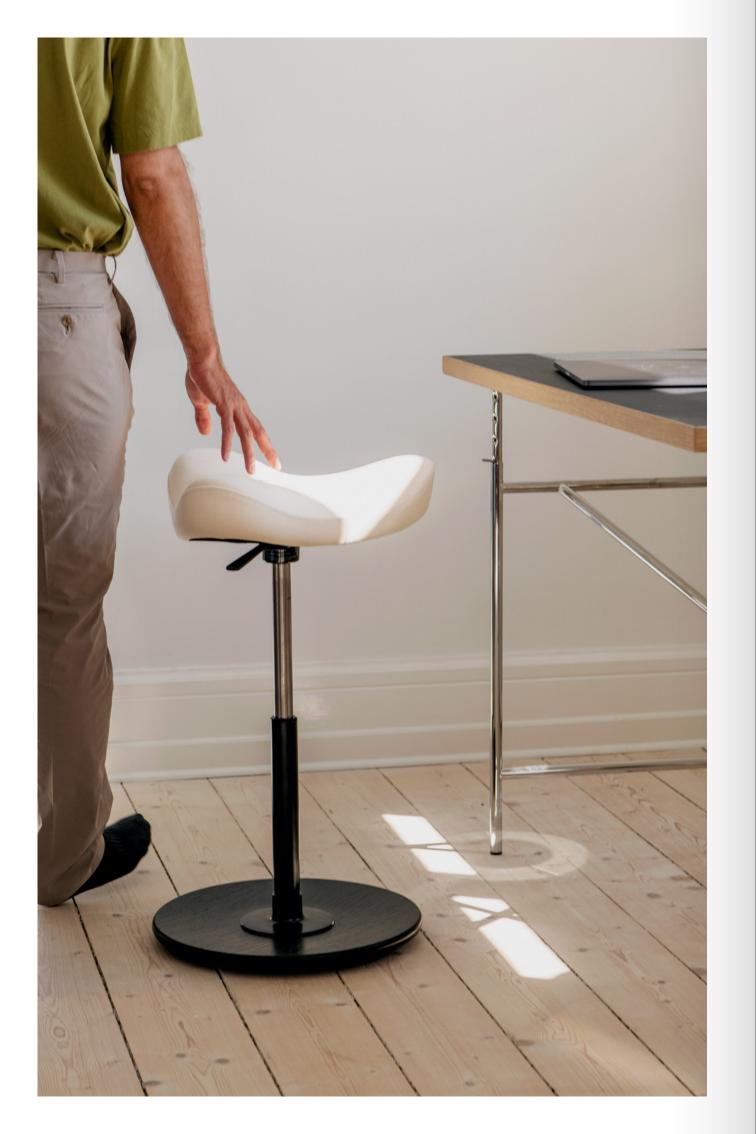


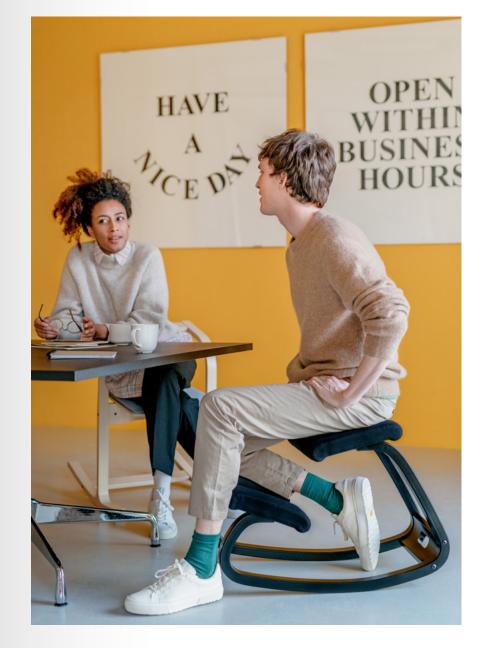


Move™ in a black lacquered ash base. Design by Per Øie.



Move™ Compact in a black lacquered ash base. Design by Per Øie.

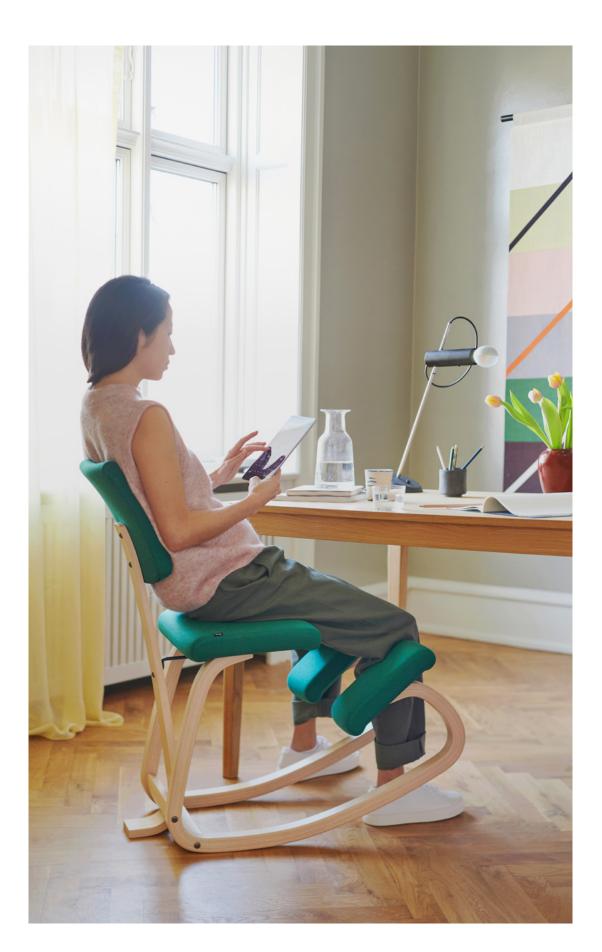


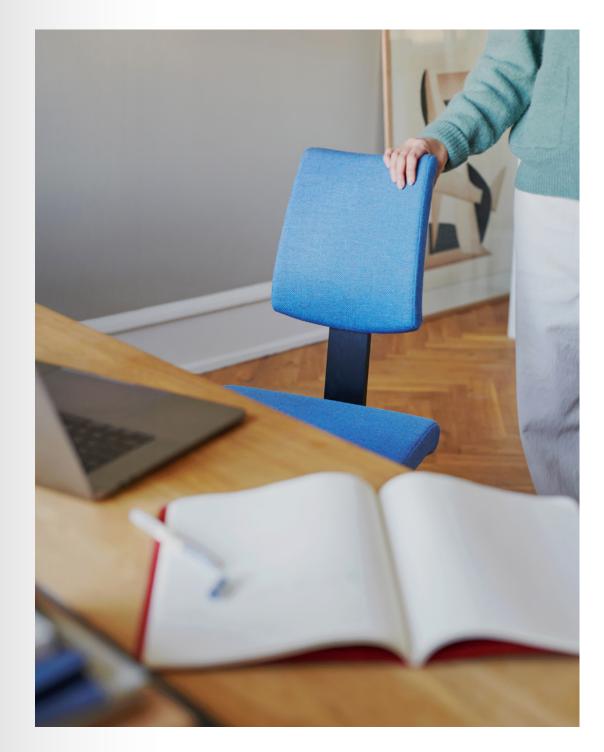


Move™, design by Per Øie.

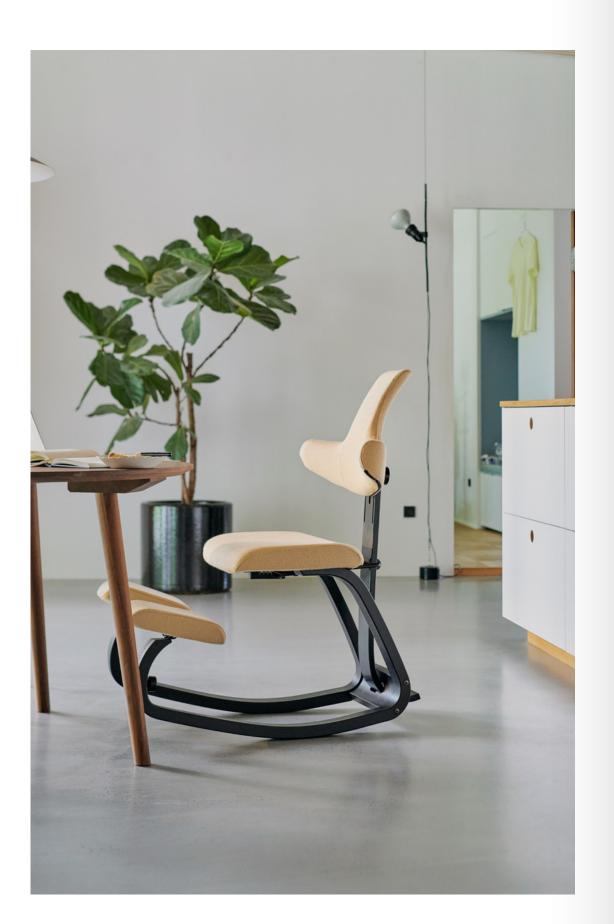
While work can easily become repetitive and routinary, we can ensure that at least our bodies get a hint of mobility and dynamism while we are at it. Our feet are the usually-ignored body part in the world of ergonomic furniture, these two chairs in particular enable those often forgotten parts to shift positions seamlessly.

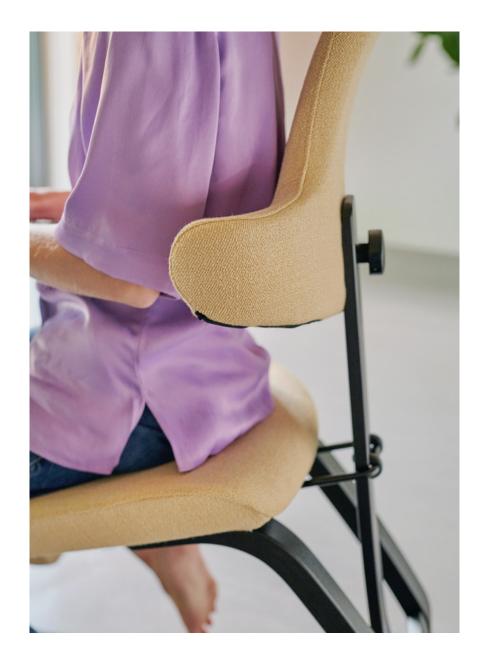
Actulum™ in natural ash veneer and Variable™ in black lacquer. Design by Peter Opsvik.





Variable™ Plus in black lacquered ash veneer. Design by Peter Opsvik.







Gravity™ in natural lacquered ash veneer. Design by Peter Opsvik.



Wing™, design by Peter Opsvik.

What happens when our homes also become our offices and the professional meets the personal? Well, we proceed to create micro professional spaces within our homes that are functional yet still feel like ours.

As much as we might adore the sofas in our living rooms, they are not really ideal for supporting our bodies during continuous hours of mental tasks. It's time to bring ergonomics, not just the office, to our homes. Variable™ Plus, Design by Peter Opsvik





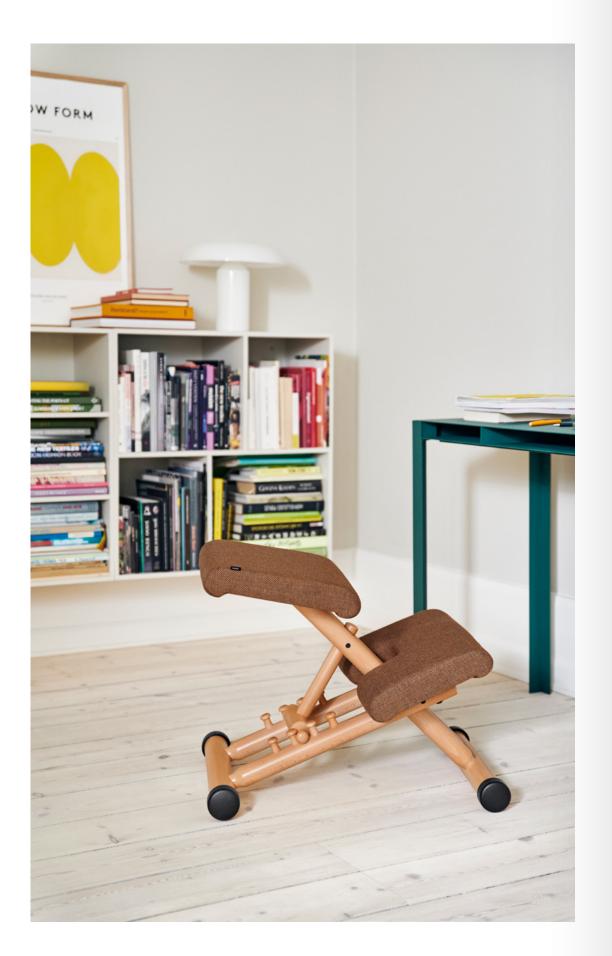


Social®Turn in Winter White and Social®Tilt in Blue, Design by Snøhetta.

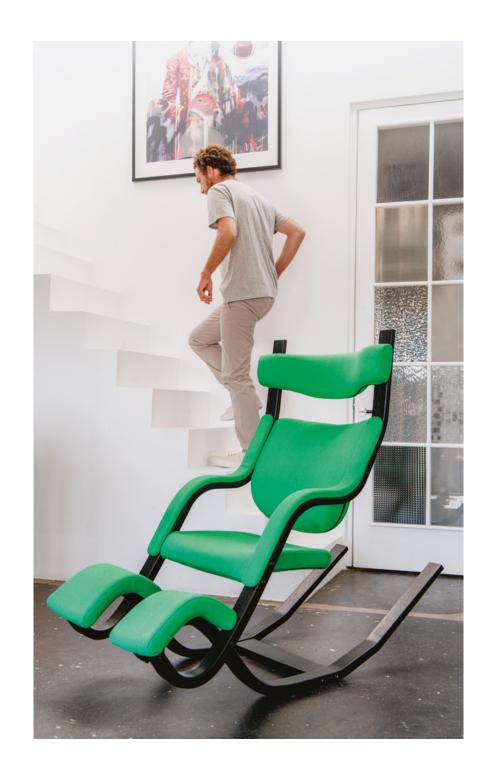




Social® Tilt in Green, Design by Snøhetta.



Gravity™ in black lacquered ash veneer. Design by Peter Opsvik.





Actulum™ in natural lacquered ash veneer. Designed by Peter Opsvik.

### Move

## when you sit.





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